# Front cover

July 2023

## Sex, young people and the law

### Sex and consent

## Middle panel

### Sex and consent

#### Things to remember

* Consent means **free and voluntary agreement** – it’s a shared understanding between both people.
* **Actively checking** for consent **before** any kind of sexual activity is always your responsibility.
* Anyone can take back consent at any time – no matter how far they’ve gone.
* Sexual penetration without consent is rape – it’s a serious crime.
* Sexual assault covers other sexual acts without consent – it’s a serious crime.
* A person can’t consent to sex if they’re outside the age of consent, asleep, unconscious or so affected by drugs or alcohol they have no way of freely and voluntarily agreeing.
* Healthy relationships need **consent**, **respect** and **communication**.

#### Where to get help

Talk to an adult you trust or to your school counsellor or call:

Centre Against Sexual Assault: 24-hour counselling for victims/survivors of sexual assault, 1800 806 292

Victoria Legal Aid: Free legal help, 1300 792 387

www.legalaid.vic.gov.au

Youthlaw: Legal services for people 25 and under, (03) 9113 9500

https://youthlaw.asn.au/

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### Your local agency: